

News

ARCTIC SIREN CABARET

The First Friday

Arctic Siren's Cabaret kick off performance was a huge success. The standing room only crowd loved the scene at the Snow Goose Theater.

Intimate table seating, a dance floor, candle light, great jazz from the Tom Bargelski Trio and 5 strong singers combined to make a terrific debut at the new venue. Kala Lyman, Lora Mahaffey, Ellen Nash, Linda Stromquist, and Kathy Sutherlin wowed the crowds with playful and artistic renditions of jazz standards.

Arctic Sirens cabaret series is no stranger to sold out shows, but the size of the Snow Goose Theater allows more than twice the usual audience. Arctic Siren will feature 4 more Cabarets this season at the same venue. Each one will feature a different line up of singers and a different backing band. Watch for shows on the First Fridays in January, March, April and May.



Kala Lyman performing with the Tom Bargelski Trio

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Member Performance Dates

LITTLE SHOP OF HORRORS

Joe D'Entrone will be appearing in Little Shop of Horrors Thursdays thru Sundays in October at 7 PM at Mad Myrnas. Tickets are \$25.

BRIANNA DOWDY

Member Brianna Dowdy performs at 8:30 every Friday evening at Phyllis' Cafe and Salmonbake.

Keep us updated with your current address, phone number and e-mail address. Send changes to info@turnagainarts.com. Send newsletter submissions to newsletter@turnagainarts.com by the 15th of the month. Material should be written and ready to be inserted into the newsletter. High resolution photos and graphics are preferred; include caption text. Questions and comments? Send to newsletter@turnagainarts.com.

News

OPEN HOUSE

The Turnagain Arts Building September Open House was a rousing success.

Attendees were treated to music all day by staff and students, incredibly addicting chocolate taste treats by Calliope Designs (see story below), fiber art by Joesetta & Co, and fine art prints for sale.

Kids of all ages lined up for face painting by Broadway Kidz, and the TCAA Board of Directors handed out tons of pamphlets, cards and Blue Books. Watch for the September Open House again next year.



NEW CAFE DOWNTOWN: SIZZLIN CAFE

Just a note to let artists know: If you are looking for a venue to show your artwork, contact Rob Obermann of the downtown Sizzlin Cafe. This new city cafe is currently serving breakfast and lunch but other things to follow, so please help this new small business and stop by. Tell Rob and Karen Obermann that Renee Vanni sent you. Congratulations to Rob and Karen Obermann for the success of their FIRST Friday event! They plan to open later for each First Friday and of course, feature local artists!

Complimentary hors d'oeuvres were served of smoked salmon canapes and mini steak sandwiches, served on silvery trays. It was a nice evening. A great choice of wines were also made available.

Keep checking back with this small city cafe, as Rob plans to have monthly wine tastings soon. Carol Stedingh's paintings of Alaska are definitely worth the visit.

<http://www.sizzlincafe.com/sizzlincafe.html>

To find out what is happening with our friends at the Alaska State Council on the Arts click here:

<http://www.eed.state.ak.us/aksca/>

Events

BODY USE FOR MUSICIANS

Oct 14 - Dec 16, Select Saturdays 1 - 3 PM

\$150 includes 6 two-hour workshops

Lia Zito is offering a class in Body Use for Musicians. Lia writes:

"I have always been interested in learning how to free myself of any physical tensions that get in the way of making music. Last spring I took a 20-hour course called Living in a Body® from master Alexander Teacher Robyn Avalon—and learned things that literally revolutionized my playing and my approach to all the motions of life. Come share with me the things I learned. I will lead group activities putting into practice ideas like using the top joint of your spine instead of misusing the vertebrae in the neck, how proper posture can open up your breathing, mechanically efficient use of the entire arm to make your motions easier and your tone better, where the muscles of your arms are really attached - and what that means for how to move them. I focus on things most useful to improving musicianship, but anyone will benefit." This class intended for adults and teenagers with an adult attention span.

GINGERBREAD HOUSE DECORATING

TCAA and Calliope Designs team up to offer a Gingerbread House Decorating Workshop. The Marston Recital Hall on the second floor of the Turnagain Arts Building will be transformed into an elvin workshop on Sunday, December 3rd from 12 - 4 PM. Lora Mahaffey will provide participants with a classic cottage already assembled. Then comes the fun part. Participants will learn pastry bag skills and decorate with royal icing and candy. Cost is \$80. Ages 12 and up. Space is limited. For registration call Peggy Monaghan at 245-7311 or email to artcsirn@alaska.net, use subject gingerbread workshop.



Info**Tips from Sonicbids:****DO WHAT YOU DO WITH PASSION!**

On our cab ride to the airport from the hotel we stayed at for North By Northeast, we received a 45-minute lecture from our cabbie about how ice hockey is the best sport on the planet. While one of the Sonicbids staffers in the car agreed with him, the rest of us were more interested in steering the conversation on to other topics. The driver was from Pakistan, so we asked him doubtfully if hockey was popular there. "No, no one else cares about hockey there. I feel sorry for them," was his response, after which he quizzed us on who the best hockey player of all time was. "Wayne Gretzky" was the response from the two of us who didn't know any better, and the cabbie was pleased when the third mentioned Bobby Orr. "THAT'S RIGHT," he shouted, after which he explained that he had been a hockey fan since he started living in the continent about 25 years ago. He said he had his "doctorate in ice hockey" and painfully described every second of the 1970 Stanley Cup finals. He couldn't stop talking about this sport that he loved so much!

When we finally arrived at the airport, he concluded his 3-quarters-of-an-hour diatribe, pulled over to let us out, and said, "Have a nice flight." After we paid him, we opened our doors and were jolted when he threw his hands to his head and said, loudly, "Oh, I almost forgot! You guys HAVE TO SEE Mission Impossible 3!!!"

True story. Best cab ride ever! If the guy had a CD, I would have bought it. If he had an EPK, I would have made him send it to me. And that's the point. If you're passionate about what interests you, it'll interest others, too, and you won't be forgotten. And what's even cooler, you'll continually remind yourself about what you like and what's important to you.

KEEP A SENSE OF HUMOR

Success in the music industry hinges on building constructive and positive relationships. And to do that, you gotta be cool. And there's nothing cooler than someone who can make fun of him or herself.

Having a sense of humor doesn't mean you have to be cracking people up all the time. It simply means that you're able to look at life's little foibles with grace and aplomb, and sometimes that means not being afraid to be embarrassed. Heck, you're a musician -- you know what it means to put yourself up on stage for everyone else to stare at!

There's no reason you shouldn't take that same fearless attitude with putting yourself in front of promoters and other artists, and at the same time realize you can't be everything to everybody, and some people might just laugh. And when they do, laugh right with 'em, because if nothing else it will let them know you're on-the-level, down-to-earth, and that you know there are funny things about the world we live in. More likely than not, you'll gain a fan, and it's a great start to building those relationships that are going to help you meet your music (or career) goals.

Info

Tips from Sonicbids:

INSURANCE FOR MUSICIANS

Being a musician is unlike most conventional 9-5 jobs. You are in a unique profession that requires people and businesses to understand your specific needs. Because of this, many regular insurance companies lack policies to cover the special requirements of a working musician.

When we started asking around for good insurance companies to recommend to Sonicbids members, we found that our good friends at BMI offer their songwriters and composers access to an insurance company that understands the unique needs the music community and our Sonicbid members. If you are in need of insurance that is specifically tailored to musicians you should check out MusicPro Insurance.

In addition to standard Health and Life insurance policies, MusicPro also provides coverage for instruments and equipment, Tour Liability, and even Composer's Liability. You can find more information on their website:
<http://www.musicproinsurance.com>.

LINKS YOU SHOULD KNOW ABOUT:

Music and the Brain

Transcript of a radio program on this subject.
<http://www.mega.nu/ampp/danamusic.html>

Metronomes R Us

Metronomes of all types, at discount prices
<http://www.metronomes.net/metronomes/>

Digital Sheet Music Links

Sheet Music Direct
<http://www.sheetmusicdirect.us/i18n/index.jsp>

Musicnotes.com

<http://www.musicnotes.com/>

PROFESSIONAL ORGANIZATIONS FOR MUSICIANS:

American Music Center (for contemporary composers)

<http://www.amc.net/>

ArtistPro.com

Resources for musicians, including free courses
<http://www.artistpro.com>

Music Teachers' National Organization

Continuing education, insurance discounts, teacher certification, projects and grants. <http://www.mtna.org/home.htm>